

This is an amendment to 16.2.18 NMAC, Sections 13 and 25, effective 1/4/2020.

16.2.18.13 BASIC INJECTION THERAPY EDUCATIONAL COURSE HOURS: The education offered shall consist of a minimum total of 58 contact hours with at least the minimum number of hours of education in the areas listed below:

- A.** eight hours in pharmacology and biomedical differential diagnosis relative to the prescription, administration, compounding and dispensing of the authorized substances in the basic injection therapy formulary including homeopathic medicines;
 - B.** two hours in the drawing and compounding of the authorized substances intended for injection in compliance with USP 797, utilizing approved aseptic technique and proper record keeping ~~and~~ for storage and dispensing of substances; at least half of the required hours shall be clinical practice;
 - C.** 14 hours in orthopedic and neurological evaluation; at least half of these required hours shall be clinical practice;
 - D.** two hours in the theory and practice of vapocoolant spray and stretch techniques using the authorized vapocoolants; at least half of these required hours shall be clinical practice;
 - E.** 28 hours in the theory and practice of injection therapy including: 11 hours of trigger point therapy and injection of acupuncture points; 11 hours of basic mesotherapy; six hours of basic neural therapy, and therapeutic injections (vitamins), using the authorized substances in the basic injection therapy formulary; at least half of these required hours shall be clinical practice;
 - F.** one hour in pharmaceutical law as provided by the New Mexico board of pharmacy;
 - G.** one in oriental medicine scope of practice relative to the authorized substances and techniques;
- and
- H.** a minimum of two hours in the use of inhaled oxygen O₂ and IM epinephrine for emergency use.
- [16.2.18.13 NMAC - Rp, 16.2.18.12 NMAC, 6/16/2015; A, 1/4/2020]

16.2.18.25 BIOIDENTICAL HORMONE THERAPY EDUCATIONAL COURSE HOURS: The bioidentical hormone educational course shall consist of a minimum total of 80 hours of education, with at least ~~[twenty four (24)] 27~~ hours of practical experience defined in ~~[Subsections B, C, D, E, and F of 16.2.18.26 NMAC in the areas listed]~~ Subsections B, C, D, E, and F below:

- A.** eight hours in the pharmacology of bioidentical hormones;
- B.** 18 hours in an overview of the endocrine system, including the anatomy and interactive physiology of the hypothalamic-pituitary-adrenal-thyroid (HPAT) and gonadal axis, the stress response and normal adrenal and thyroid function; also to include normal male and female sex hormone physiology; at least half of these hours shall be in practice or review of case studies;
- C.** 20 hours in theory and practice of endocrinology including evaluation and treatment of the patient with hormonal dysfunction and imbalances including but not limited to; adrenal fatigue, auto-immune endocrine disorders, hypothyroid, hyperthyroid, men's hormone imbalances and women's hormonal imbalances pre, peri and post menopause and consideration and assessment for treatment with bio-identical hormone replacement therapy, BHRT; at least half of these hours will be in practice or review of case studies;
- D.** 14 hours in blood chemistry analysis including but not limited to; CBC, CMP, LFT, lipids, ferritin, homocysteine, vitamin D, iodine, hs CRP, fibrinogen, ANA, ESR, HgBAIC, insulin antibodies;
- E.** two hours in urine analysis;
- F.** 16 hours in the assessment and treatment of hormone and neurotransmitter imbalances through blood, urine and saliva hormone testing and evaluation; appropriate treatment options for the biomedical differential diagnoses including, but not limited to; adrenal fatigue, thyroid imbalances, andropause, menopausal syndrome, and other male and female hormone imbalances; at least half of these hours shall be in practice or case study review;
- G.** one hour in pharmaceutical law as provided by the New Mexico board of pharmacy; and
- H.** one hour in oriental medicine scope of practice relative to the prescription or administration of the authorized substances.

[16.2.18.25 NMAC - Rp, 16.2.18.20 NMAC, 6/16/2015; A, 1/4/2020]